



Nutrition & Ingredient Information

	Nutrition	Energy	Protein	Fat - Total	Fat - Sat	Carbohydrate
Angus Chilli Beef & Cheese Pie	(per 100g)	1000kJ	8.5g	12.6g	7.8g	22.6g
Beef (38%), Cheese (24%), Water, Flour, Margarine, Onion, Tomato Paste, Starch, Beef Stock, Garlic, Herbs & Spices	200g (per serve)	2010kJ	17.1g	25.2g	15.6g	45.3g
Sugar, Caramel (150d), Vitamin E (306, 307), Citric Acid (330), Acidity Reg (270,500), Lecithin (322), Emulsifier (331,451,471), Vegetable Gum (415,466), Thickener (1422)						
Allergens: Gluten, Dairy, Soy						
Angus Potato Top Pie	(per 100g)	1030kJ	10.2g	12.7g	7.8g	22.4g
Beef (48%), Water, Flour, Margarine, Potato, Starch, Onion, Beef Stock, Garlic, Herbs & Spices, Tomato Paste, Vitamin E (306, 307), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (450, 471), Allergens: Gluten, Dairy, Soy	240g (per serve)	2060kJ	20.5g	25.4g	15.6g	44.8g
Angus Steak & Cheese Pie	(per 100g)	1030kJ	10.2g	12.7g	7.8g	22.4g
Beef (48%), Cheese (23%), Water, Flour, Margarine, Starch, Onion, Beef Stock, Garlic, Herbs & Spices, Tomato Paste, Colour (160a), Vitamin E (306, 307), Thickener (1422), Citric Acid (330), Acidity Reg (270, 500), Lecithin (322), Emulsifier (471,331,451), Vegetable Gums (415,466) Allergens: Gluten, Dairy, Soy	200g (per serve)	2060kJ	20.5g	25.4g	15.6g	44.8g
Apple & Cinnamon Pie	(per 100g)	1160kJ	3.6g	12.4g	7.9g	36.6g
Apples (45%), Flour, Water, Margarine, Starch, Sugar, Cinnamon, Lecithin (322), Citric Acid (330), Vitamin E (306), Ascorbic Acid (300), Calcium Chloride (509), Emulsifier (471), Acidity Reg (500) Allergens: Gluten, Dairy, Soy	110g (per serve)	1270kJ	3.9g	13.7g	8.7g	40.3g
Butter Chicken Pie	(per 100g)	1090kJ	8.1g	16.0g	9.7g	23.4g
Chicken (34%), Water, Flour, Coconut Cream, Margarine, Onion, Butter, Starch, Tomato Paste, Herbs & Spices, Colour (120), Vitamin E (306, 307), Antioxidant (336), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (469,471), Anticaking (535,551), Tapioca Starch, Sugar, Vegetable Gum (407,412, 415) Allergens: Gluten, Dairy, Soy	110g (per serve)	1199kJ	8.9g	17.6g	10.7g	25.7g
Chicken & Basil Pesto Pie	(per 100g)	1020kJ	8.6g	13.4g	6.5g	22.6g
Chicken (33%), Basil Pesto (13%), Flour, Water, Margarine, Parmesan Cheese, White Sauce Mix, Onion, Red Peppers, Garlic, Chicken Stock, Caramel (150d), Mineral Salt (450), Citric Acid (330), Vegetable Gum (415), Acidity Reg (500), Emulsifier (471), Lecithin (322), Anticaking (460), Sorbic Acid (200), Colour (160a) Allergens: Gluten, Dairy, Soy	200g (per serve)	2040kJ	17.2g	26.9g	12.9g	45.1g
Country Chicken & Mushroom Pie	(per 100g)	942kJ	6.3g	12.9g	6.8g	21.4g
Chicken (30%), Mushroom (12%), Water, Flour, Margarine, Onion, White Sauce, Chicken Stock, Garlic, Colour (160a), Vitamin E (306, 307), Citric Acid (330), Acidity Reg (500) Lecithin (322), Emulsifier (340,450,471,481), Vegetable Gum (415), Thickener (1422) Allergens: Gluten, Dairy, Soy	200g (per serve)	1880kJ	12.6g	25.8g	136.6g	42.7g
Classic Mince Pie	(per 100g)	900kJ	8.4g	10.5g	6.4g	21.2g
Beef (36%), Water, Flour, Margarine, Onion, Starch, Soya Bean Extract, Beef Stock, Tomato Paste, Garlic, Worcestershire Sauce, Herbs & Spices, Caramel (150c), Vitamin E (306, 307), Citric Acid (330), Acidity Reg (500, 270), Lecithin (322), Emulsifier (471, 481), Thickener (466) Allergens: Gluten, Dairy, Soy	200g (per serve)	1800kJ	16.8g	21.0g	12.8g	42.4g
Chicken Pie-zza Pie	(per 100g)	1040kJ	9.3g	13.1g	6.8g	23.2g
Chicken (42%), Mozzarella Cheese (11%) Flour, Water, Margarine, Pizza Sauce, Starch, Garlic, Mixed Herbs, Chicken Stock, Caramel (150d), Vitamin E (306), Citric Acid (330), Vegetable, Gum (415), Acidity Reg (500), Emulsifier (471), Lecithin (322), Anticaking (460) Allergens: Gluten, Dairy, Soy	200g (per serve)	2080kJ	18.6g	26.2g	13.6g	46.4g
Creamy Vegetable Pie	(per 100g)	896kJ	5.7g	9.1g	5.1g	28.7g
Mushroom, Carrot, Celery, Cauliflower, Broccoli, Spinach, Water, Flour, Margarine, Milk Powder, Vegetable Stock, Caramel (150d), Vitamin E (306, 307), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471), Thickener (1422) Allergens: Gluten, Dairy, Soy	200g (per serve)	1792kJ	11.4g	18.2g	10.2g	57.4g
Italiano Lasagne Pie	(per 100g)	1040kJ	9.0g	12.2g	7.4g	24.9g
Mincied Beef (38%), Lasagne (6%), Water, Flour, Margarine, Pizza Sauce, Onion, Grated Cheese, Parmesan Cheese, Tomato Paste, Beef Stock, Garlic, White Pepper, Basil, Rosemary, Thyme, Caster Sugar, Thickener (1422), Citric Acid (330), Anti-Caking Agent (460), Sorbic Acid (200), Colour (100, 150b), Emulsifier (471), Lecithin (322), Vitamin E (306), Acidity Reg (500) Allergens: Gluten, Dairy, Soy	200g (per serve)	2070kJ	18.0g	24.4g	14.8g	49.9g
Lamb & Roast Vegetable Pie	(per 100g)	938kJ	7.2g	11.4g	6.7g	22.5g
Lamb (37%), Water, Flour, Margarine, Onion, Pumpkin, Kumara, Mixed Vegetables, Starch, Beef Stock, Mint Sauce, Dried Mint, Pepper, Salt, Caramel (150c, 150d), Vitamin E (306), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471), Vegetable Gum (407,415,466) Allergens: Gluten, Dairy, Soy	200g (per serve)	1880kJ	14.5g	22.9g	13.4g	45.1g
Meat Supreme	(per 100g)	1010kJ	9.0g	12.4g	7.7g	23.1g
Diced Beef (28%), Water, Flour, Margarine, Cheese, Salami, Chicken (smoked), Onion, Starch, Soya Bean Extract, Beef Stock, Worcestershire Sauce, Herbs & Spices, Colour (129, 150d,160a), Vitamin E (306), Vege Gum (415,466), Citric Acid (330), Lactic Acid (270), Acidity Reg (500), Lecithin (322), Mineral Salts (450,451,452), Thickeners (407,410,1422), Curing Agent (250), Flavour Enhancer (635), Antioxidant (304,316), Emulsifier (331,471), Anti-caking Agent (341) Allergens: Gluten, Soy, Dairy	200g (per serve)	2010kJ	18.0g	24.8g	15.3g	46.2g
Mexitarian Pie	(per 100g)	998kJ	4.5g	11.6g	7.2g	28.0g
Flour, Water, Margarine, Chilli Beans, Kidney Beans, Sour Cream, Pizza Sauce, Sweetcorn, Onion, Red Capsicum, Green Capsicum, Tomato, Starch, Garlic, Cumin Powder, Salt, Pepper, Chilli Powder, Thickener (1422), Acetic Acid (260), Lactic Acid (270), Emulsifier (471), Lecithin (322), Vitamin E (306), Citric Acid (330) Acidity Reg (500), Colour (160a), Vegetable Gum (410) Allergens: Gluten, Dairy, Soy	200g (per serve)	1996kJ	9.0g	23.2g	14.4g	56.0g
Moroccan Lamb	(per 100g)	1020kJ	7.2g	12.1g	7.1g	26.1g
Diced Lamb (37%), Water, Flour, Margarine, Carrots, Apricots, Raisins, Tomato Paste, Starch, Stock, Anticaking Agent (535), Thickener (1422), Lecithin (322), Citric Acid (330), Acidity Reg (500) Emulsifier (471), Vitamin E (306), Antioxidant (304). Allergens: Gluten, Dairy, Soy	200g (per serve)	2050kJ	14.4g	24.1g	14.3g	52.2g
Penner Steak Pie	(per 100g)	891kJ	7.8g	10.5g	6.5g	22.7g
Beef (36%), Water, Flour, Margarine, Onion, White Sauce, Sauce, Beef Stock, Gravy Browning, Black Pepper, Herbs & Spices Caramel (150c, 150d), Vitamin E (306, 307), Thickener (1422), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471), Allergens: Gluten, Dairy, Soy	200g (per serve)	1780kJ	15.6g	21.0g	13.0g	45.5g
Mince & Cheese Pie	(per 100g)	950kJ	7.8g	12.2g	7.3g	21.1g
Beef (30%), Cheese (15%), Water, Flour, Margarine, Onion, Starch, Soya Bean Extract, Beef Stock, Tomato Paste, Garlic, Worcestershire Sauce, Herbs & Spices, Caramel (150c, 150d), Colour (160a), Vitamin E (306, 307), Citric Acid (330), Acidity Reg (270, 500), Lecithin (322), Emulsifier (471,331,451), Vegetable Gum (415,466), Thickener (1422), Allergens: Gluten, Dairy, Soy	110g (per serve)	1045kJ	8.6g	13.4g	8g	23.2g
Creamy Smoked Hoki Pastrv Top Pie	(per 100g)	913kJ	8.2g	10.6g	6.4g	22.8g
Smoked Hoki fish (31%), Water, Flour, Margarine, White Sauce, Potato, Carrot, Onion, Seafood Stock, Herbs & Spices, Smoke Oil, Thickener (1422), Citric Acid (330), Acidity Reg (260, 500) Lecithin (322), Emulsifier (450, 471), Anti-caking Agent (535), Vitamin E (306, 307) Allergens: Gluten, Dairy, Soy, Fish	200g (per serve)	1830kJ	16.5g	21.3g	12.8g	45.5g
Steak & Cheese Pie	(per 100g)	964kJ	8g	11.7g	7.3g	22.4g
Beef (30%), Cheese (16%), Water, Flour, Margarine, Starch, Soya Bean Extract, Onion, Beef Stock, Worcestershire Sauce, Garlic, Herbs & Spices, Caramel (150d), Colour (160a), Vitamin E (306, 307), Thickener (1422), Citric Acid (330), Acidity Reg (270, 500), Lecithin (322), Emulsifier (471, 331,451), Vegetable Gum (415,466) Allergens: Gluten, Dairy, Soy	110g (per serve)	1060kJ	8.8g	12.9g	8g	24.6g
Prime Steak Pie	(per 100g)	878kJ	7.9g	9.6g	5.9g	21.9g
Beef (36%), Water , Flour, Margarine, Starch, Soya Bean Extract, Onion, Beef Stock, Worcestershire Sauce, Garlic, Herbs & Spices, Caramel (150d), Vitamin E (306, 307), Vegetable Gum (415), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471) Allergens: Gluten, Dairy, Soy	200g (per serve)	1760kJ	15.7g	19.2g	11.9g	43.8g
Thai Chicken Pie	(per 100g)	1080kJ	8.1g	16.6g	10.2g	22.3g
Chicken (34%), Water, Flour, Coconut Cream, Margarine, Onion, Red Capsicum, Garlic, Canola Oil, Green Curry Paste, Mushrooms, Salt, Pepper, Vitamin E (306, 307), Antioxidant (336), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471, 469), Vegetable Gum (407,412, 415), Anticaking (551) Allergens: Gluten, Dairy, Soy	200g (per serve)	2160kJ	16.2g	33.2g	20.4g	44.6g
Hearty Beef Roll	(per 100g)	933kJ	9.1g	10.7g	6.6g	21.7g
Beef (28%), Flour, Water, Margarine, Breadcrumbs, Vegetable Protein, Soya Bean Extract, Onion, Mixed Vegetables, Cheese , Pizza Sauce, Garlic Powder, Herbs & Spices, Sorbic Acid (200), Citric Acid (330), Acidity Reg (341, 263, 500), Lecithin (322), Emulsifier (481, 471, 472e), Anticaking (551,460), Vitamin E (306, 307) Allergens: Gluten, Dairy, Soy	200g (per serve)	1870kJ	18.3g	21.5g	13.2g	43.4g
Garlic & Cheese Roll	(per 100g)	939kJ	9.7g	11.0g	6.8g	21.0g
Beef (30%), Cheese (7%), Water, Flour, Margarine, Breadcrumbs, Soya Bean Extract, Vegetable Protein, Onion, Cheese, Garlic Powder, Herbs & Spices, Sorbic Acid (200), Citric Acid (330), Acidity Reg (341, 263, 500), Lecithin (322), Emulsifier (481, 471, 472e), Anticaking Agent (460,551), Vitamin E (306, 307). Allergens: Gluten, Dairy, Soy	120g (per serve)	1130kJ	11.6g	13.2g	8.1g	25.2g
Sausage Roll	(per 100g)	1000kJ	9.3g	11.3g	7.0g	24.3g
Beef (32%), Flour, Water, Margarine, Breadcrumbs, Soya Bean Extract, Citric Acid (330), Vegetable Protein, Onion, Herbs & Spices, Acidity Reg (341,263, 500), Lecithin (322), Emulsifier (481, 471, 472e,471), Vitamin E (306, 307) Allergens: Gluten, Dairy, Soy	180g (per serve)	1800kJ	16.7g	20.4g	12.6g	43.8g

FAMILY PIE RANGE

APPLE & CINNAMON PIE (900g)	(per 100g)	813kJ	2.2g	6.0g	3.4g	31.7g
Apple (45%), Flour, Margarine, Water, Starch, Sugar, Cinnamon, Lecithin (322), Citric Acid (330), Vitamin E (306), Ascorbic Acid (300), Firming Agent (509), Emulsifier (471), Acidity Reg (500), Colour (160a) Allergens: Gluten, Dairy, Soy	180gm (per serve)	1460kJ	4.0g	10.8g	6.2g	57.1g
BUTTER CHICKEN PIE (900g)	(per 100g)	954kJ	7.2g	13.5g	7.5g	20.8g
Chicken (30%), Water, Flour, Coconut Cream, Margarine, Onion, Butter Replacer , Chicken Stock, Starch, Tomato Paste, Colour (160a), Vitamin E (307), Citric Acid (330), Acidity Reg (340, 500), Lecithin (322), Emulsifier (469, 471), Vegetable Gum (415), Anti-Caking Agent (535,551), Stabiliser (1450) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1720kJ	12.9g	24.2g	13.5g	37.4g
CHICKEN & MUSHROOM PIE (900g)	(per 100g)	762kJ	7.5g	8.7g	3.9g	19.3g
Chicken (30%), Mushroom (2%), Water, Flour, Margarine, Onion, Chicken Stock, Milk Powder, Mushroom Bouillon, Garlic, Emulsifiers (471,481), Lecithin (322), Stabilisers (339,466), Vitamin E (306,307), Vegetable Gum (415), Thickener (1422), Acidity Reg (500), Citric Acid (330), Colour (160a) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1370kJ	13.5g	15.7g	7.0g	34.8g
PRIME BEEF STEAK & CARAMELISED ONION PIE (900g)	(per 100g)	726kJ	8.6g	6.7g	3.7g	19.3g
Diced Beef (37%), Onion (15%), Water, Flour, Margarine, Starch, Beef Booster, Soya Bean Extract, Balsamic Vinegar, Worcestershire Sauce, Brown Sugar, Garlic, Vegetable Booster, Paprika, Mixed Herbs, White Pepper, Nutmeg, Caramel (150d), Vitamin E (307), Vegetable Gum (415), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471), Enhancer (635), Colour (160a) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1310kJ	15.4g	12.1g	6.6g	34.8g
PRIME BEEF STEAK & CHEDDAR PIE (900g)	(per 100g)	879kJ	13.1g	9.0g	5.0g	18.6g
Diced Beef (55%), Cheese (17%), Flour, Water, Margarine, Onion, Starch, Beef Booster, Garlic, Tomato Paste, Paprika, White Pepper, Black Pepper, Mixed Herbs, Vegetable Gums (415,466), Emulsifier (331,451,471), Food Acid (270), Colour (10,150d,160a), Citric Acid (330), Sorbic Acid (200) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1580kJ	23.6g	16.2g	9.0g	33.4g
PRIME BEEF STEAK & CRACKED PEPPER PIE (900g)	(per 100g)	790kJ	10.4g	7.9g	4.4g	20.2g
Beef (39%), Water, Flour, Margarine, Milk Powder, Onion, Beef Booster, Worcesterhire Sauce, Caramel (150d), Black Pepper, Nutmeg, Mixed Herbs, Vitamin E (306), Vegetable Gum (415), Colour (100,150d,160a), Citric Acid (330), Acidity Reg (500), Lecithin (322), Emulsifier (471) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1420kJ	18.7g	14.2g	7.8g	36.4g
SMOKED FISH PIE (900g)	(per 100g)	704kJ	6.5g	7.3g	3.9g	19.5g
Smoked Hoki (31%), Water, Flour, Margarine, Potato, Starch, Carrot, Onion, Fish Stock, Milk Powder, Parsley, Thyme, Pepper, Colour (160a, 160b), Food Acid (260), Flavour Enhancer (635), Citric Acid (330), Emulsifier (471), Anticaking Agent (535), Thickener (1422), Lecithin (322), Acidity Reg (500), Vitamin E (306), Antioxidant (304) Allergens: Gluten, Soy, Seafood, Dairy	180gm (per serve)	1270kJ	11.6g	13.2g	7.1g	35.1g
THAI CHICKEN PIE (900g)	(per 100g)	990kJ	7.3g	14.8g	9.0g	20.7g
Chicken (32%), Water, Flour, Margarine, Coconut Cream, Onion, Starch, Red Capsicum, Coconut Powder, Garlic, Green Curry Paste, Mushroom, Salt, Pepper, Vegetable Gums (415), Vitamin E (307), Colour (160a), Lecithin (322), Emulsifier (471), Acidity Reg (500), Citric Acid (330) Allergens: Gluten, Soy, Dairy	180gm (per serve)	1780kJ	13.1g	26.6g	16.1g	37.3g

